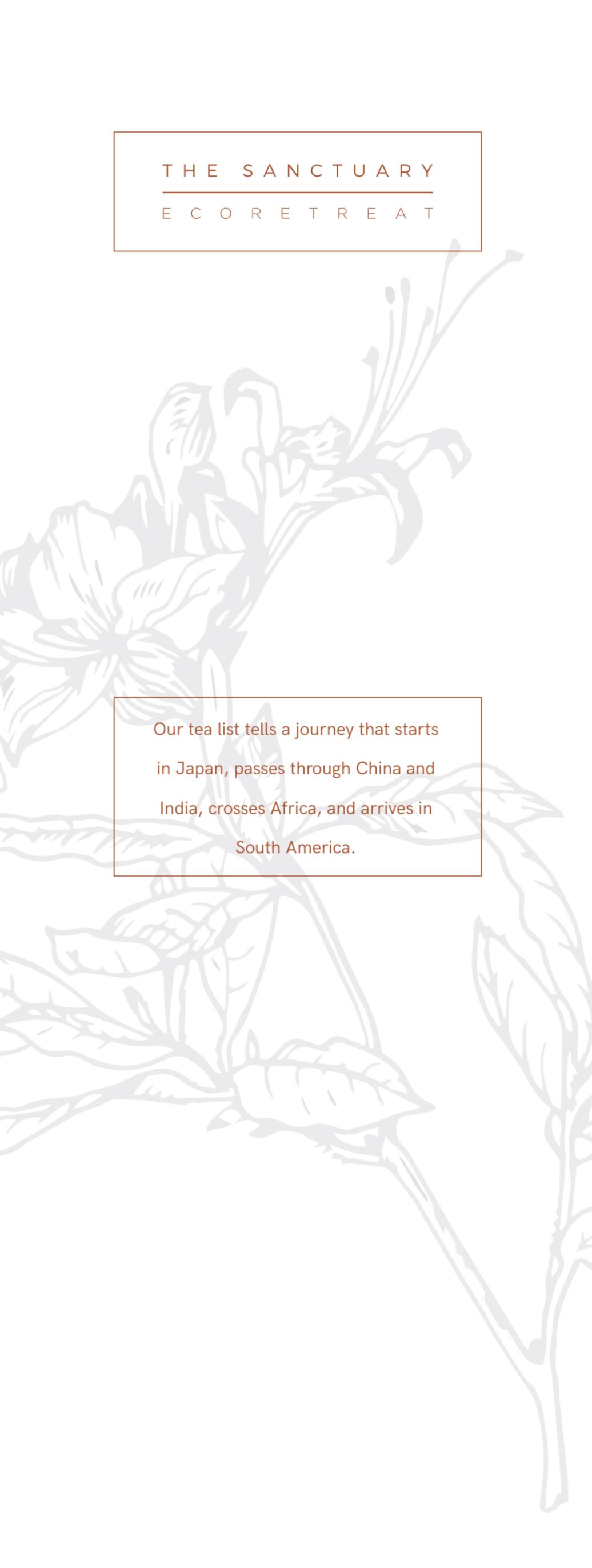


A detailed line drawing of a tea plant branch with several leaves, rendered in a dark brown color against a lighter brown background. The leaves are elongated and pointed, with visible veins. The branch curves upwards and to the right.

THE SANCTUARY

ECORETREAT

*Tea & Infusions*

A detailed line drawing of a tea plant branch with several leaves and a large, open flower with prominent stamens. The illustration is rendered in a light gray color, serving as a background for the text.

THE SANCTUARY  
E C O R E T R E A T

Our tea list tells a journey that starts  
in Japan, passes through China and  
India, crosses Africa, and arrives in  
South America.

# GREEN TEAS:

8€

*Characterized by a delicate and herby taste, containing less caffeine and theine as black teas, but richer in antioxidants.*



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## Snow White

Prestigious white tea with roasted apple

## Sencha Kombucha

sencha with mauve flouters, kombucha, starch, berries and leaves, calamus roots, and lemongrass

## Madagascar

sencha with vanilla berries from the bourbon islands, lemon, and juniper

## Gods Temple

blend of green teas with mango, pineapple, papaya, strawberry, currant, apricot, black cherry, and orange zest

## Sencha Cleopatra

sencha with apples, lemon zest, and kiwi

## Aurora Boreale

Sencha with apricot, carrot flakes, mint, honey, and safflower

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## RED TEAS:

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8€

*obtained from the rooibos tree, which grows only in South Africa. Naturally deprived of theine and caffeine, but rich in minerals and vitamins, the high magnesium-containing gives relaxing properties.*



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### Tulsi Orange

rooibos mixture with tulsi, orange zest, and orange flowers

### Orange and Chocolate

rooibos with chocolate drops, orange zest, and orange pieces

### Oriental Nights

rooibos with cinnamon, anise, and jasmine flowers

### Northern Forest

rooibos with yogurt, blueberries, raspberries, and cornflower buds

### Leaf of the Middle East

rooibos, mint, orange flowers, and citrus fruits

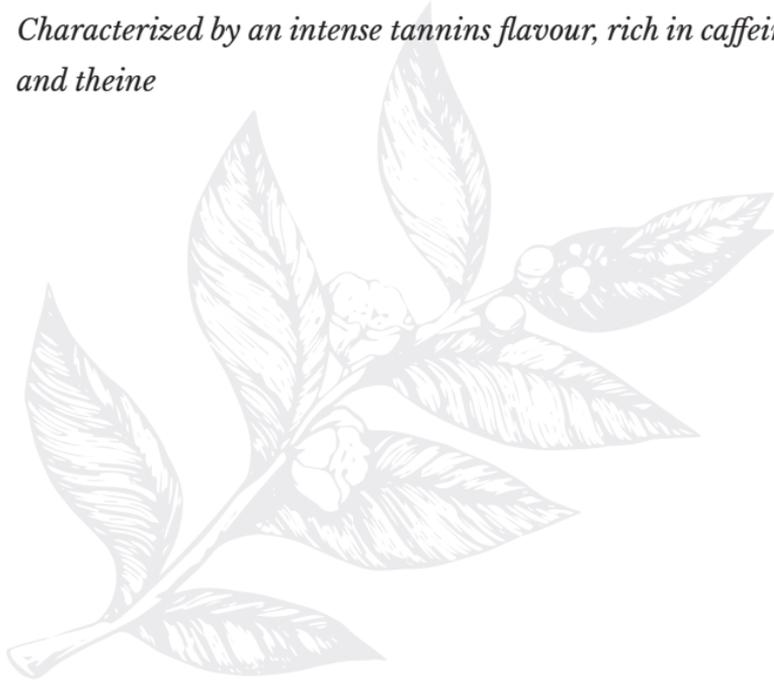
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# BLACK TEAS:

8€

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*Characterized by an intense tannins flavour, rich in caffeine and theine*



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## Russian Caravan

blend of black smoked teas with bergamot essential oils

## Winter Spices

black tea with clove buds, rose petals, almond, orange zest, cardamom, and vanilla

## Pear and Cinnamon

the union of pear and cinnamon improves the digestion, combined with the disinfecting properties of cinnamon

## Chocolate of Incas

back assam tea with cacao, barley malt, chicory roots, ginger, cardamon, and black pepper

## Gengis Khan

blend of black tea and green tea with orange zest, peony flowers, calendula flowers, rosebuds, cornflower, and rhubarb pieces

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*blends of fruits, seeds, and herbs who confer to our infusions relaxing, digesting, and toning properties.*



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## Lemon and Linden

a refreshing and detoxifying beverage with linden, rosehip, and hibiscus

## Pure Chai

anise, fennel, ginger, cardamom, black pepper, cinnamon, cloves, and chicory roots

## Tropical Forest

ginger, candied mango, carrot, apple and nettle leaves

## Maracuja and Orange

maracuja, apple, raisins, carrot, beetroot, and orange zest

## Rhubarb Rose

apple, hibiscus flowers, elderberries, rose, and rhubarb

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THE SANCTUARY

E C O R E T R E A T

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